

# 2023 Pharmacy Pearls Diabetes Part 3

## Online Education

### **Purpose:**

Pharmacy Pearls for Prescribers provides up-to-date information on medications, developed by a multidisciplinary group of AMG primary care physicians and pharmacists from Avera Health and Avera Health Insurance Division. An interdisciplinary group has been working to develop educational materials to meet this need. In this series we will discuss diabetes and prediabetes management related to: non-pharmacological and pharmacological considerations for prediabetes, dual activating GIP/GLP-1 receptor agonists in the management of T2D and the clinical utilization of GLP-1 agonists for A1c reduction.

### **Objectives:**

- 1 Discuss factors that predispose patients to prediabetes
- 2 Identify non-pharmacological considerations to prevent the progression from prediabetes to Type 2 Diabetes (T2D)
- 3 Identify pharmacological considerations when prediabetes progresses to Type 2 Diabetes (T2D)
- 4 Review dual activating GIP/GLP-1 receptor agonists in the management of Type 2 Diabetes (T2D)
- 5 Describe the clinical utilization of GLP-1 agonists for A1c Reduction.
- 6 Describe how a multidisciplinary approach can contribute to continuous and reliable patient care

### **Target Audience:**

Professions – Physician, Nurse - RN, Pharmacist

Specialties – Other - Healthcare team members involved in prescribing and managing of patients medications

### **For successful completion:**

- Read article
- Complete post-test
- Complete evaluation

### **Accreditation & Credit Designation:**



In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Credit Designation Statement(s)**



**IPCE:** This activity was planned by and for the healthcare team, and learners will receive 1.0 IPCE credits for learning and change.

**Medicine CME:** Avera designates this live activity for a maximum of 1.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity. Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Nurse:** Avera designates this activity for a maximum of 1.0 ANCC contact hours. Nurses should claim only the credit commensurate with the extent of their participation in the activity. This activity has been approved for 1.0 pharmacotherapeutic credits.

**Pharmacy:** Avera is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Credit will be uploaded to the NABP CPE Monitor within 30 days after the activity completion. Per ACPE rules, Avera does not have access nor the ability to upload credits requested after the evaluation closes. It is the responsibility of the pharmacist to provide the correct information (NABP ID and DOB (MMDD)) in order to receive credit.

## Credits

AMA PRA Category 1 Credits™ (1.0 Credit Hour), CME - Non-Physician (Attendance) (1.0 Credit Hour), Nursing CE (1.0 ANCC Credit Hour), CPE (1.0 Credit Hour)

## Additional Information

Feedback person for this educational activity is: [Kelly.boyd@avera.org](mailto:Kelly.boyd@avera.org)

Enduring material available from 2/1/2023 to 12/31/2025

This course content was reviewed on 2/8/2023

## Disclosure Policy

Due to the regulations required for CE credits all conflict of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

Name of individual	Individual's role in activity	Name of Ineligible Company(s) / Nature of Relationship(s)
Becky VandeKop, MD, SD 5467	Committee Planning Member	Nothing to disclose
Chad Thury, DO	Lead Planner	Nothing to disclose
Thomas J Babb, PharmD	Committee Planning Member	Nothing to disclose
Samantha Scheich, PharmD, Pharmacist	Faculty	Nothing to disclose
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Kelly Boyd, MSN, Nurse	Lead Planner	Nothing to disclose
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Denise Page, BS	Committee Planning Member	Nothing to disclose
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Bailey Offerdahl, Student	Faculty	Nothing to disclose